

# MEET

## THE NEW KIDS ON THE MK BLOCK



### MEET

#### Garrett Thelander

Other than watching my kids play their sports (my 17-yr old son is a pitcher for the Mamaroneck varsity baseball team, as well as starting QB for the football team, my 13-yr old daughter plays field hockey and soccer), which is my main joy in life, I like to try some things to challenge myself.

For years, I have thought of skiing Tuckerman's Ravine in the White Mountains of New Hampshire. The Ravine is a rather steep headwall that you have to hike four hours to get to, with your skis and boots on your back, with no lifts. The beautiful thing about this hike/ski is that if you time it right, you can ski all the way back to the parking lot! So, last April, I drove up and skied the Ravine on one of the most beautiful days of the year, as you can see from the attached photo. Probably one of the coolest things I have done.

### MEET

#### Jill Lovatt

I am new to the New York area as of July 2010, having lived in Southern California for 25 years. Nevertheless, my first winter in New York was memorable! I have been married to my husband, Ron, for 31 years in August and we have 2 grown children who have both graduated from college and live on the east coast. I love New York and the Upper East Side where we live.

In my spare time, I love to run and spin (cycle) 6 or 7 times a week. I taught spin in Southern California for almost 15 years. I guess that says a lot about my personality- happy to sit on a stationary bike in a dark room for a decade and a half!!! I am happy as long as I am in motion.

One of the moments I am most proud of (besides family stuff) is that I was selected to be an Olympic Torch Bearer for the 1996 Atlanta Games. My route was 0.6 of a mile along Pacific Coast Highway in Newport Beach. A very memorable moment for me and my family and friends!



## MEET Preston Flammang

My ideal day: feet up, frosty beverage in hand after a successful physically/mentally tasking day at the office, on the slopes, at the dojo or playing the links, relaxing with family and good friends waiting for a lovely home cooked meal to be served while watching the game on a big screen HDTV.

I turned 30, got married, bought a home, renovated said home, and moved a strict Mahattanite (but wonderful) wife to Brooklyn all in the last 2 years.

P.S. I have an unrelenting sweet-tooth and eat what has been called a “dangerous” amount of ice-cream.



## MEET Ryan Horvath

I am 23 years old and an excellent tuba player. I began playing in the 6th grade when my middle school instituted a “chorus” or “concert band” ultimatum. Little did I know my great grandfather played the tuba and upon learning of my instrument selection my grandmother burst into tears.

In high school a friend of mine and his band were headlining a local show and were cancelled on 48 hours before show time by their opening act. I suggested a simple remedy (that I never expected to be taken seriously) – “we should do an acoustic set, guitar and tuba and cover 4-5 of our favorite songs.” Roughly 6 hours before show time (youthful procrastination at its best) my friend and I transcribed the first 5 tracks of the Blue Album (Weezer aka composer of all of our favorite songs), wrote an original, and called our makeshift band “Banana” at the last minute because the tuba is yellow...kind of... Between songs we threw bananas into the crowd of roughly 30 overly excited girls and I got paid \$100 bucks for my night of work...”Banana” died that night...

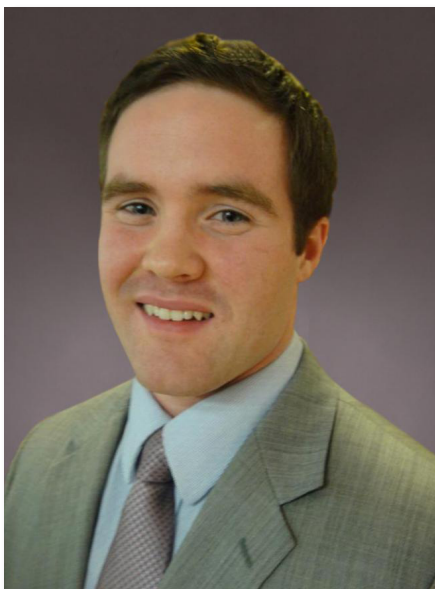


## MEET Mei Ling Wong

I am from Hong Kong, and came to the U.S. alone for my college degree when I was 17, around five years ago. Like many families in HK, we had a maid that took care of the household chores which allowed me to do my own thing. At the airport, before I left for NYC, my mom was crying and worried that I wouldn't be able to take care of myself in NYC. I told my mom I wanted to stay home, but she still pushed me to the gate and said her goodbyes. So, in

these five years, I learned how to speak English, cook and do laundry, organize the house, and take care of myself. Now, that I have graduated, I told my mom I love New York; I want to develop my career, get a house and start my own family here. I am thankful that my family supports me and I have gained the experience that is bigger than a college degree. At leisure, I love decorating, arts and crafts and baking. I also love hiking, swimming, and all other outdoor activities... If you are going somewhere fun, invite me!

## MEET Darragh Clarke



I worked a handful of miscellaneous jobs growing up such as delivering papers for a local newspaper, assisting at a lawyer's office and bartending/waiting tables towards the end of my high school days. I even started my own landscaping "company" in 7th grade with my older brother, which unsurprisingly didn't last terribly long. Ever since I was a child, I didn't foresee myself entering a career in any of the above careers, let alone commercial real estate. In fact, I knew exactly what I wanted to do since the age of four. It was the first time I had attended a New York Yankees game. Even though the Yankees lost to the Kansas City Royals, Deion Sanders homered late in the game in what became one of the most exciting moments of my childhood. It was from that point on that I saw myself in Yankee pinstripes. Although I make it to about 30 games a year, I'm still waiting for that call from the Yankees front office asking what number I'd like to wear. For now, I'll stick to real estate.

## MEET

### David Kalish



As those who sit around me know, I bring my own food and water (filtered of course) to work nearly everyday! Nothing processed, nothing artificial, nothing man-made, and for the most part, nothing cooked. I truly believe many things are a choice including health.

One of my most memorable experiences was becoming certified in the Living Foods Lifestyle at the Ann Wigmore Institute in Puerto Rico. I also graduated from the Institute for Integrative Nutrition in New York City where I learned about various dietary theories including macrobiotics and ayurvedic medicine.

Outside of the office, I have a health coaching practice helping people improve their diet and lifestyle. I learn just as much from my clients as they do from me! If not coaching, I gravitate towards the yoga mat, Union Square farmers market or Central Park.

I am a 34-year-old originally from Georgia – the country, not the state. I moved to the US in the late 90s to achieve the “American Dream.” I love the work I do and every day I push myself to the next level. I love helping others with anything I can.

In September of 2007, I founded an English school in Georgian’s eastern providence Lagodechi (bordered with Azerbaijan) and hired my brother as an English teacher. The school was designed to teach underprivileged kids from age 5 - 16 years old for free so they could have a better future. The school is growing and I hope with help from my friends that I can expand to other non-English speaking villages.

I love to travel around the globe and so far I have traveled to 15 countries. The most notable trip was last year when my girlfriend and I visited Beijing. We went to the Great Wall which was an amazing experience. I loved Dubai as well. Standing on the top of Burj Halifa, the tallest structure in the entire world and seeing the man-made islands and newly built high-rises in a desert, I felt overwhelmed and motivated - there are millions of opportunities to achieve your goals if you have a strong desire!

I speak many languages. I love to swim, play tennis and volleyball. I enjoy exploring different cultures and spending time with my family and friends.

## MEET

### David Chkheidze



## MEET James Yetter

Little did you know... I am 23 years old and still cannot grow a beard. I won the New Jersey state soccer championship when I was in fifth grade, but I never stepped on the field. I believe it was because I was too slow, and this is probably because of my next "little did you know." Little did you know... I have a passion for cooking and eating and will try almost anything. I love Mexican food, probably because of the margaritas. The person I would most like to meet is Anthony Bourdain. In fact, if I had one perfect day and I couldn't take Julia Roberts out on a date, I'd be on the set of his TV show *No Reservations*. I also enjoy playing hockey, lacrosse and watching my New Jersey Devils.



## MEET Jonathan Bernstein

I grew up in London so I enjoy rain, pigeons and an unhealthy obsession with '80s music.

I recently went back to school to get my masters degrees - nothing sharpens your mind in a classroom like the knowledge that you are paying up front for your education yourself!

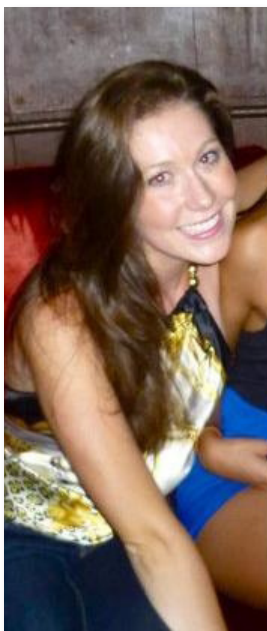
My wife and I have four boys and two girls and we are expecting twins early next year (so sleeping while I can). I am also the eldest of five siblings most of whom have five kids each, so family get togethers can be a bit daunting.

I enjoy spinning, kite flying and reading. After driving to work for years, I am enjoying my newly discovered "me" time on the LIRR (as much as public transport can be "me").



## MEET

### Caroline O'Loughlin



I grew up in Boston, and my high school colors were purple and white. There is nothing intimidating about that color combination, and I always resented my high school for that. I voluntarily removed myself from civilization and lived in New Hampshire for four years. Needless to say, I am now well-versed in all things related to foliage, flannel and frats. Now I live in the Lower East Side and frequently lament the fact that my neighborhood, regardless of season, smells like a dumpster. In another life, I would be a writer for Saturday Night Live. I'm incredibly accident prone, but I won't regale everyone with my tales of woe. Finally, I consider myself a milkshake connoisseur.

## MEET

### Matthew Nickerson



I'm 23, grew up on LI, went to school in Atlanta and pretty obsessed with real estate. Outside of MK, I spend most of my time working on my own realty company, which invests primarily in metro-Atlanta. Right now we've got about 30 units and are hoping to keep growing.

## MEET

### Jelani Babb

I'm 28. I live in Brooklyn, but I spent my entire childhood in Trinidad with my grandparents. My grandfather was an airplane mechanic who started working on planes as a teenager on an American army base there. My grandmother was a school teacher who raised 5 kids of her own as well as 5 nieces and nephews. Observing and admiring them over the years, I learned the value of respect, hard work and kindness to others.

Now, I'm a laid back guy who likes enjoying time with friends and family, and maybe getting into mischief once in a while. I enjoy anything from watching movies to jet skiing over crocodile-infested waters. Life goes by so fast and we wonder what we did with the time, so why not enjoy it? I just want to have as many memorable experiences with the people I care about and the people I have yet to meet.





## MEET Anthony Kelly

I'm an Irish country boy born and raised in the heart of Ireland. I moved to New York in January 2009 to start a new life changing adventure. I'm the oldest of three, both my parents and my younger sister are still back home in Ireland, and my brother immigrated to Australia earlier this year. Since the age of 10 I've had the nickname Anto, which is short for Anthony in Irish.

Growing up I played Gaelic football, which is a mix

of soccer, rugby, and basketball; and I continue to play here for the NY GAA.

I also enjoy a round of golf, although the first time I played I drove my ball through the window of a brand new BMW in the parking lot. Christmas is my favorite time of year, as it is the only time of the year I go back to Ireland and see my family and friends.

## MEET Michael Schneider



Right after high school I chose to enlist in the U.S.M.C. and my liaison and recruiter SSGT Weir had asked me while I was waiting for deployment if I wanted to volunteer for a week or so doing some construction in the city. I said sure and as it turned out he also recruited me to work for the newly formed JCWP with the former President Jimmy Carter which was the beginning of Habitat for Humanity. In 1984 I worked 12 hrs a day for 1 straight week hand in hand with the President and his wife Roslyn renovating a six story nineteen unit building on E 6th Street on the LES.

Almost 23 yrs later while on a sport fishing trip in the Florida Keys I ran into my former recruiter who is now retired from the U.S.M.C and is Minister/Charter Boat Captain in the Florida Keys. While enjoying the daily catch and a few too many beers he had convinced me to volunteer with him again rebuilding homes on the Gulf Coast with HFH. Considering the aftermath and destruction of Hurricanes Katrina and Rita this was a no brainer and I did.

I worked as a Construction Crew Leader building modular wood framed houses for three months for the New Orleans chapter of HFH. Together with my team of volunteers we built what seemed like endless miles of interior and exterior walls for what were dubbed "houses in the box" for the disaster relief effort in Gulf States.

## MEET Morris Betesh



I am 23 years old and recently married my wife, Danielle in March of this year. I met Danielle in high school and pretty much immediately knew at some point I'd marry her.

At the time my friends and I started a band called "The Perfect Mistake," I played drums for the band and we took ourselves pretty seriously. We went on to record 3 albums and play several hundred shows as well as a few tours along the northeast. Our band split up a couple of years ago but we all keep in touch and still jam every few weeks.

I also enjoy surfing in the summers at the Jersey Shore (not like the one on TV), and playing hockey.

When I was still in my single digit years, I discovered saltwater fishing in Montauk, New York. My first fishing trip, I caught a 40 inch striped bass. As thrilled as I was, I couldn't bear the thought of watching it flopping around in the back of the boat. Since that moment, I have always been an avid catch and release fisherman....that is until I discovered the complete opposite of catch and release fishing: spearfishing.

Picture snorkeling in the Bahamas, add a few of grandpa's fishing lessons, and then introduce a whole lot of Richard Marcinko Seal Team Six, and you might have a pretty accurate depiction of spearfishing.

To be a spear fisherman, all you need is a wetsuit, speargun, mask/snorkel, fins, and a pair of decent lungs. Then you need to remove the part of your brain that tells you not to dive fifty feet to the bottom of the ocean in ripping currents amidst jellyfish, sharks, and whatever other creatures are native to that part of the earth, with your only air supply being whatever you were able to suck into your lungs before beginning the quick decent. Once you do all that, you will find, just as I did, that there are few things more thrilling and addicting than going Rogue Warrior on the bottom of the ocean.

## MEET Robert Moore







## MEET

### Andrew Clemens

During college, a friend and I decided we wanted to do a semester abroad. We lucked into an opportunity to study international business at Knightsbridge College in London. Our time at KC lasted only one day. After attending the first day of classes, my roommate and I decided to hit the local pub near the school. After some fine English fare and a few too many pints of Guinness, we had an epiphany.

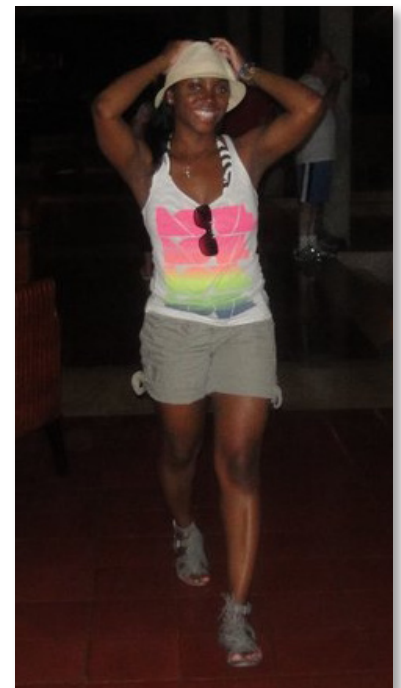
Here we are in Europe with a free place to stay (as our parents had prepaid the rent), and all of these wonderful countries and cities to explore. The next day we dropped all of our classes and were on our way to Amsterdam. We never looked back. During our nine month stay, we backpacked all over Europe. Prague was my absolute favorite, but that's another story.

Nine months later and completely broke, we had no choice but to give in and face the wrath of our parents (as they still had no idea we were not attending classes). The next day we were on one of the first flights out of Heathrow back to the states. Man, you should have seen the look on my father's face when he picked me up at the airport in Chicago. Needless to say, he made the next nine months a living hell.

## MEET

### Courtney Horry

I am from the Bronx, NY and a graduate of the University of Delaware. I'm a proud Fighting Blue Hen! I'm 24 years old and "the baby" of six girls. Being part of a large family has definitely taught me to appreciate a variety of personalities. When I was younger I enjoyed speaking in different accents and it's not uncommon today to find me inviting my nephew to have a spot of tea with me. I can be somewhat of a hopeless optimist but I believe a smile and a good laugh is the cure all. I enjoy creative writing and in high school I was one of three students selected to have her play performed in front of an audience at the Lehman Center for the Performing Arts. Known to my niece and nephew as "Auntie Mommy" or "Auntie Cookie" I love travelling with them on imaginary adventures, building blanket tents complete with media rooms and indoor pools, and even rehearsing our magical disappearing act soon coming to a Las Vegas Stage near you. Within the past three years I've traveled to Miami, Jamaica, and the Dominican Republic and look forward to adding many more destinations in the next three years!



## MEET Tim Hay

I grew up in Garden City, Long Island. I've always been involved with sports since I was a little guy. It was a fairly easy assumption that I'd end up playing football and lacrosse in high school following in both of my brothers' footsteps. I also have an older sister, and although she didn't play any sports, she excelled in school and went on to graduate from Georgetown University. After high school, I continued to follow in my brothers' footsteps and played lacrosse at the U.S. Naval Academy. It was an incredible experience and I don't regret my time there one bit. It's definitely true what they say, "it's not such a great place to be at, but it's definitely a great place to be from."

Being the youngest by 8 years has also led me to be an uncle a few times over already. My sister now has a 5 year old daughter, and a 4 month old son, who I'm the Godfather of. My oldest brother and his wife are due to have their first child, a boy, in about 2 weeks. My older brother's experience in commercial real estate as a leasing broker has helped spark my interest in the industry.



## MEET Michael Hefferon

One of my long time passions have always been traveling. My first real trip was when I was in the sixth grade, and I went away to Australia, traveling the entire East Coast for almost three weeks without my parents.

Right before college I spent two months backpacking the Grecian Islands, and most notably, I spent an entire semester studying abroad in Rome, Italy. During that semester, I was able to (illegally) rent a car and drive from Rome to Switzerland, where I went back-country snowboarding and canyon diving in the Swiss Alps. Traveled 26 hours in a crowded bus to Munich for Oktoberfest, and even took a private helicopter over the French Riviera to stay in Monte-Carlo. All within a tight budget. As for now, I'm all about learning about this city, which can be an adventure in itself.

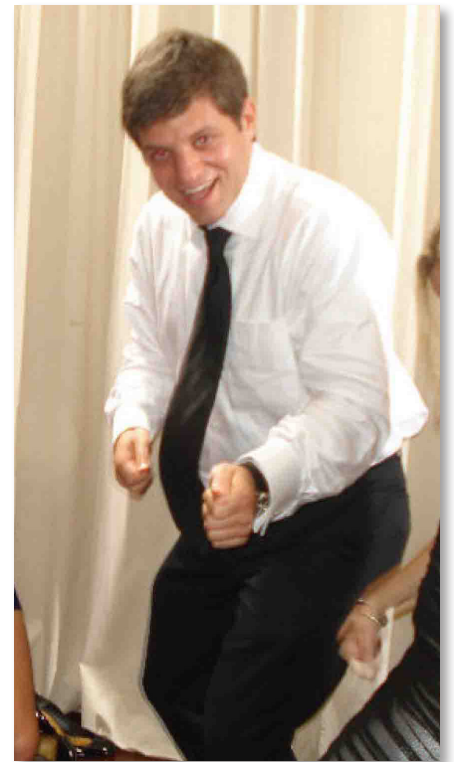


## MEET Sozon Lyras

I started playing golf at the age of 6 and still maintain a near scratch handicap. Everyone always said I hit the ball long, so 3 years ago I entered the ReMax long drive challenge. I made it all the way to the Regional finals and came one place away from making it to Vegas, and potentially getting on ESPN 2. I plan on entering the tournament again soon. In the meantime, I enjoy playing in amateur tournaments and scrambles with friends. Moving here from OH is going to be a big change for me, since it is very easy to hop in your car and go play a round. So once the weather gets nice again, if anyone wants to play or needs a good scramble teammate, let me know!

## MEET Scott Aiese

While he spends much of his time thinking about real estate financing, Scott's roots are musical. His past includes playing alto sax and flute in jazz bands, occasionally still dabbling with the instruments. Also, for nearly a decade (and still on a very limited basis,) Scott DJ'ed for private parties and night clubs, focusing on hip-hop and dance music. He also started a couple entertainment ventures: Club Omni, Music Unlimited (mobile DJ), and Midnight Enterprises (nightclub promotions.)



## MEET Isaac Glasman

I'm very pleased to be at MK and I'm enjoying raising my three awesome sons in the 'burbs with my lovely wife, Rebecca. There's not a lot of downtime when you've got young ones, and there's not a lot of downtime when you work at MK. The two together is quite a brew. Here's a picture of the littler ones, Ezra and Gabriel.

